

Triple Action Blood Pressure

Triple Action Blood Pressure AM/PM provides day and night nutritional support for healthy blood pressure levels already within normal range. Unlike traditional blood pressure supplements, our Triple Action Blood Pressure AM/PM formula delivers flavonoid and glycoside compounds in two separate tablets — one taken in the morning, the other at night, combined with melatonin — for constant vascular health support.

Benefits at a Glance

- Specialized twice-daily daytime and nighttime support formula
- Promotes healthy blood pressure levels already within normal range
- Supports healthy blood vessel dilation and vascular function
- Encourages healthy, restful sleep patterns

Twice daily dose for maximum effectiveness

Maintaining healthy vascular health and blood pressure is an essential part of staying healthy at any age — but many people do not realize that blood pressure readings can vary greatly depending on whether you're awake or asleep.¹

Triple Action Blood Pressure AM/PM is the only twice-daily nutritional supplement formulated from the ground up to address both nocturnal and diurnal blood pressure health. Each 30-day supply provides 60 tablets, divided into a morning and evening dose via convenient blister packaging.

Flavonoid and glycoside phytonutrients for vascular health

Each AM tablet of Triple Action Blood Pressure contains quercetin, myricitrin, and myricetin flavonoids — molecules found in small amounts in a variety of plant foods.^{2,3} Multiple clinical studies indicate that these phytonutrient compounds promote healthy blood pressure levels already within normal range by encouraging healthy arterial dilation.^{4,5}

Each AM dose also contains stevioside. Stevioside is a glycoside molecule derived from leaves of the *Stevia rebaudiana* plant. Stevioside also promotes healthy blood pressure levels already within normal range⁶⁻⁹ through similar mechanisms as the flavonoid compounds it's paired with.

Time-release melatonin

Our Triple Action Blood Pressure formula also includes a PM dose tablet containing the potent flavonoid and glycoside phytonutrients as the daytime tablet, as well as 2 mg of time-release melatonin, a powerful compound that promotes healthy, restful sleep. But melatonin also promotes healthy blood pressure levels already within normal range¹⁰⁻¹² — a benefit for which time-release melatonin has shown to be particularly effective.¹²

Unique blood pressure and vascular health support

Triple Action Blood Pressure AM/PM provides a novel approach to promoting blood pressure health both while you're awake, as well as while you're asleep. Because of this unique twice-daily formulation, Triple Action Blood Pressure AM/PM is the most comprehensive blood pressure support formula on the market. Also available as Dual Action Blood Pressure (without melatonin).

References

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